



# Newsletter

## Personal Conveyance

Am I beating a dead horse? I feel like I go over Personal Conveyance (PC) a lot but the rules have not changed. I am noticing more drivers who are not putting in good notes. For example- move, park, or safe are not acceptable notes. I know y'all can talk so you can type a little more. Falsifying logs is a felony offense so any PC falsification will be corrected.

Just a reminder- PC can be used for:

- To/from hotel or restaurant
- To/from terminal to residence
- To find a reasonable safe location after loading/unloading. Using PC to finish a trip, passing safe locations is falsifying
- If asked to move by a safety official

PC CANNOT be used for:

- The movement of a CMV in order to enhance the operational readiness of a motor carrier. For example, bypassing available resting locations in order to get closer to the next loading or unloading point or other scheduled motor carrier destination.
- Recovering a load and/or trailer

- Time spent transporting a CMV to a maintenance facility
- After being placed out of service
- Traveling to the terminal after being loaded/unloaded from a shipper/receiver.

Personal conveyance is a privilege and not a right. It is up to the motor carrier to police and their discretion to allow the driver to use it. Excessive improper use can lead to it be removed for a period of time or permanently.

# **Driver Fatigue**

We all have those days, the alarm clock seems to go off an hour earlier than usual and it feels like you only slept five minutes. Add the nasty mix of cold weather, illnesses, and staying dark



longer on top of that and it can make the simple daily tasks feel like the biggest of chores. Drivers can fall victim to the effects of this very easily and it

wears you down. Staying focused is essential to your safety and those around you and when you're feeling mentally or physically fatigued it takes away from that focus. It is ok to stop and take a break even if it is off schedule. Listen to your body!

### **Emergency Contacts**

I preach every year. Make sure your emergency contact is up to date. Divorce, death, falling outs happen, and people change their numbers. In addition to making sure we have your emergency contact, give your people ours. Give the people in your life your dispatcher and safety cell phone. Emergencies do not always fall in business hours.

### **Reporting Violations**

We no longer have to have you sign and certify that your driving record is correct, but you do still have to report any violations you receive in a CMV or a personal vehicle. I know calling me is not the first thought, but it needs to be one of them. I will find it eventually, so there is no reason to think you can hide it from me.

# Get a Grip

We all know that winter is here and we



have to deal with the icy conditions. We have shoe spikes that help create traction on your shoes. These are

especially helpful in lots that collect water and turn into a skating ring. If you want a pair- please see Safety.



### Office Spotlight- Joe Ostrowske

Joe started in dispatch in June of 1986. At that time General Transport was just a brokerage company so he started on the phones to move and cover freight. He moved into sales in 1995 when his father suddenly passed away and he took over the president position. Joe has dedicated his life to GT and his family. He has a wonderful wife and 2 sons (that his is

You're the only <mark>BOSS</mark> i want to rock'n' **ROLL** with very proud of). When he is not working- you

can find him creating abstract art (samples of his art are hung in the office) and playing the guitar. He is also very active with his church and other organizations outside of trucking. I usually say we are proud to have you as part of the GT Family, but I also need to say thanks for making the GT Family what it is!

# Spotlight Driver- Glenn Brightwell

Glenn has been a local driver at General Transport since July 2023. In that time, Glenn has worn several hats running regionally temporarily, servicing a customer on weekends, and now working out of the Akron terminal full time. Glenn



gets complimented from customers and office personnel frequently! When he is not behind the wheel, he enjoys spending time with his family, going on cruises, and he is a lover of

the Christmas holiday. We are proud to have you as part of the GT Family!